# ETIQUETTE - PART 2

## Etiquette of Eating and Drinking



- 1. Wash your hands before and after eating.
- 2. Recite the Dua before eating.

### **Dua before eating:**

3. If you forget to say Bismillah before your meal, then recite this dua.

In the name of Allah 😹 in the beginning and the end. (Abu Dawood, Vol. 2, Pg. 173)

4. Eat with your right hand.

Prophet said: "No one among you should eat with his left hand, or drink with it, for the Shaytaan eats with his left hand and drinks with it." (Muslim, 2020)









- 5. Eat from the food that is near to you on your plate.
- 6. Do not let your hand wander here and there on the table.
- 7. If a morsel of food drops from your hand, pick it up, clean it and eat it.
- 8. After eating, clean your plate.
- 9. Once you finish eating, lick your fingers.
- 10. After you finish eating, recite the Dua.

All Praise is for Allah, who fed me this, and provided it for me without any might or power from myself.

#### DON'TS

- 1. Do not lean while eating.
- 2. Do not eat or drink while standing.
- 3. Do not blow on your hot food or drink.
- 4. Do not eat from the center of your food.
- 5. Do not fill your mouth. Eat small morsels.
- 6. Do not eat or drink with your left hand.
- 7. Do not waste the food.
- 8. If you dislike something, leave it, but do not criticize it.
- 9. Do not leave the food uncovered.
- 10. Do not drink from the utensils that have chipped or cracked edges.







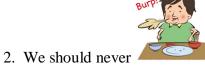


### **Activity**: Circle the correct answer.

1. We should eat food with our \_









loudly.

b.false



3. We should never eat while





4. We should chew the food with our mouth



b. open



5. We should never stuff

our mouth with food.



b. false







