

5. Eat from the food that is near to you on your plate.
6. Do not let your hand wander here and there on the table.
7. If a morsel of food drops from your hand, pick it up, clean it and eat it.
8. After eating, clean your plate.
9. Once you finish eating, lick your fingers.
10. After you finish eating, recite the Dua.

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ
 غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

All Praise is for Allah, who fed me this, and provided it for me without any
might or power from myself.

DON'TS

1. Do not lean while eating.
2. Do not eat or drink while standing.
3. Do not blow on your hot food or drink.
4. Do not eat from the center of your food.
5. Do not fill your mouth. Eat small morsels.
6. Do not eat or drink with your left hand.
7. Do not waste the food.
8. If you dislike something, leave it, but do not criticize it.
9. Do not leave the food uncovered.
10. Do not drink from the utensils that have chipped or cracked edges.



Activity: Circle the correct answer.

1. We should eat food with our _____ hand.



2. We should never  loudly.

a. true

b. false

3. We should never eat while _____.



4. We should chew the food with our mouth _____.

a. closed

b. open

5. We should never stuff  our mouth with food.

a. true

b. false