

Seven Parts of the Body for Sujood

Age: 5-7 Years


Assalamu Alaikum Children,

Salah is the second pillar of Islam. *Sujood* is a pillar of Salah. It is a position that brings us close to Allah ﷻ.

The Prophet ﷺ said, "I have been ordered to prostrate on seven bones i.e. on the forehead along with the tip of the nose (and the Prophet ﷺ pointed towards his nose), both hands, both knees and the toes of both feet..." [Bukhari 812]

Fill in the boxes with the names of the 7 bones of Sujood given below.

Nose	2 knees	Forehead	Toes/2 Feet	2 Hands
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[Empty box]

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[Empty box]

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