

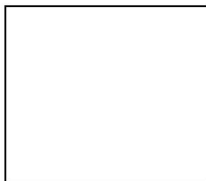
# Food for Thought

Age: 2 - 4 Years

Assalamu alaikum Kids! There are certain foods recommended by the Qur'an and Sunnah.  
Let us learn a few by working on this interesting worksheet.

Cut the pictures of the food below; paste them next to their respective names.

**OLIVES**



**BARLEY**



**DATES**



Foods  
recommended  
by the Qur'an  
and Sunnah

**MILK**



**HONEY**



**GRAPES**

