

# Determining Your Dawn

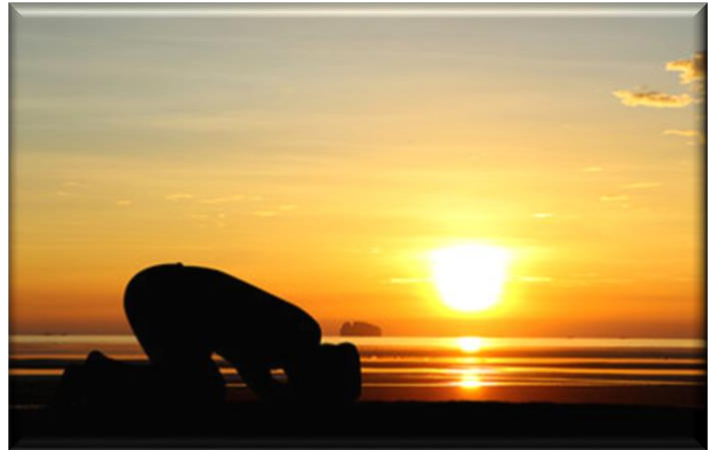
Age: 8-12 Years

Assalamu Alaikum Children!

Allah ﷻ, the Lord of daybreak, swears upon dawn. Angels witness the recitation of the Qur'an performed early in the morning, and the one who offers the morning prayer is under the protection of Allah ﷻ.

However, to wake up early, we must plan well in the evening before. We must be very determined to execute our plan.

*The Messenger of Allah ﷺ said, "O Allah bless my Ummah in what they do early (in the day)..." [ Jami` at-Tirmidhi 1212, Grade: Hasan (Darussalam)]*



So, let's plan how to wake up early by filling the lists given below!

- Put a ✓ near the items that you are following.
- Put a ⌚ near the items that you need time to follow up regularly.

## The evening plan Prerequisites for waking up early

1. Make an intention to pray *Fajr*. ✓
2. Eat and sleep early. ⌚
3. Perform ablution. ✓
4. Don't use gadgets in the bedroom. ⌚
5. Postpone any work until morning hours. ✓

## The benefits of waking up early

1. It improves our organizational skills. ⌚
2. We feel positive all day long. ✓
3. We get quality sleep at early hours. ⌚
4. We have time for ourselves. ✓
5. Work gets done with more focus. ✓

## What to do productively?

1. Recite Al-Qur'an. ✓
2. Make a clear plan of your day ahead. ✓
3. Exercise under the sunlight. ⌚
4. Read your lessons. ✓
5. Help your parents with their chores. ⌚

